



CLAREMONT NEWS



CLAREMONT NURSING AND REHABILITATION CENTER

New Web Site Rolls Out

As of January 1st, we have a website independent of the county website. Things Claremont will be easier to find. You can access our website at <https://claremontnursing.com> and look at calendars, information about services and staff and news items relating to us.

From Our Administrator

Holiday greetings to all for this busy, yet very important and sacred time of the year. Family and friend connections are especially important at this time, and we all are grateful to be caring for our residents, many of whom have friends and family as well as us. For some, though, our staff can be their only visitors and supporters. We carry that responsibility - to be there for their caring and safety, seriously, but also with joy and pride. So, to our residents, families, friends and staff: I wish you a joyful and peaceful holiday season and look forward to working with you all in the new year, which will bring both challenges and many accomplish-

Thank you to all of you who helped to make the holidays brighter for our residents. It brought added joy to them and to those of us who care for them!

Thank You

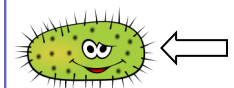
Flu Season

It is once again flu season. Hand Sanitizer stations are located at the Ground floor entrance, as well as on every unit and in common areas. Please use them before and after each visit. We provide these stations so that we may provide a safe, clean environment for all.

If you're experiencing any symptoms of illness, please delay your visit until you are well again. Many of our residents are frail and their immune systems can be compromised. That means that they can catch colds and other infections easier.

You may see some staff wearing masks during flu season, this is to offer protection to the people that they are caring for.

Hand washing is the most proven method to prevent acquiring many illnesses, so commit to doing a good job of it whenever possible during this winter cold and flu season.



LIKE US AND FOLLOW US ON FACEBOOK!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2019		1 HAPPY NEW YEAR! 11:00 Word Game CH	2 11:00 Word Game CH 2:00 T Edmondson MPR 7:00 KOC Bingo	3 11:00 Word Game CH 2:00 Color It! 7:00 <i>Shippensburg Baptist Church</i> MPR	4 11:00 Word Game CH 2:00 Auction and Raffle in the MPR 7:00 Ladies' Night MPR	5 10:00 Visits on 1 & 2 11:00 Word Game CH 2:00 Bingo MPR
6 Visits on 3 and CW 11:00 Word Game CH 2:00 Worship with Grace Baptist MPR	7 10:00 Devotions-CW 11:00 Word Game CH 1:15 Jam MPR	8 11:00 Word Game CH 2:00 Glee 7:00 Bingo MPR	9 9:45 Ceramics 11:00 Word Game CH 2:00 BINGO MPR 3:15 Res Council MPR 7:00 Bocce Ball MPR	10 11:00 Word Game CH 2:00 Color It! 7:00 Worship with the	11 11:00 Word Game CH 2:00 Birthday and All Down Game MPR 7PM Keepin It Simple	12 10:00 Visits on 1 & 2 11:00 Word Game CH 2:00 Bingo MPR
13 Visits on 3 and CW 11:00 Word Game CH 2:00 Worship with Calvary Chapel MPR	14 10:00 Devotions-CW 11:00 Word Game CH 1:15 Jam MPR	15 11:00 Word Game CH 2:00 Glee 7:00 KOC Bingo MPR	16 9:30 Scrappin' It! CW 11:00 Word Game CH 2:00 Mass MDR 4:00 Yoga 1 7:00 Mennonite Choir in the MPR	17 11:00 Word Game CH 2:00 Color It! 7:00 Team Trivia MPR	18 11:00 Word Game CH 2:00 Dom Cicco MPR 7:00 Men's Night MPR	19 10:00 Visits on 1 & 2 11:00 Word Game CH 2:00 Bingo MPR
20 Visit on 3 and CW 11:00 Word Game CH 2:00 Worship Service in the MPR	21 10:00 Devotions-CW 11:00 Word Game CH 1:15 Jam MPR	22 11:00 Word Game CH 2:00 Crafts and Cocoa with Grane 7:00 Bingo MPR	23 9:45 Ceramics 11:00 Word Game CH 2:00 Bingo 1,CW, 7:00 Colby Dove MPR	24 11:00 Word Game CH 2:00 Color It! 7:00 Card Sharks MPR	25 11:00 Word Game CH 2:00 New Year Spelling Bee in the MPR 7:00 <i>Good News</i>	26 10:00 Visits on 1 & 2 11:00 Word Game CH 2:00 Bingo MPR
27 Visits on 3 and CW 11:00 Word Game CH 2:00 Worship Service St. Paul Lutheran - MPR	28 10:00 Devotions-CW 11:00 Word Game CH 1:15 Jam MPR	29 11:00 Word Game CH 2:00 Glee 7:00 Bingo MPR	30 9:45 Ceramics 11:00 Word Game CH 2:00 Bingo 1,CW, 7:00 Ping Pong MPR	31 11:00 Word Game CH 2:00 Color It! 7:00 Jeopardy MPR		



CLAREMONT

Nursing & Rehabilitation Center

Established in 1829, Claremont Nursing & Rehabilitation Center provides state-of-the-art therapeutic nursing care for a variety of needs. The 282-bed facility is proud to offer two specialized units. **Transitions at Claremont** provides sub-acute short term therapy. **Heritage Harbor** provides compassionate dementia care. *Take a tour today*



Transitions at Claremont

- 39 bed unit
- Psychiatry staff on site
- Individualized treatment plans
- 7 day-a-week therapies



Heritage Harbor

- Fosters a holistic approach for residents with a diagnosis of Alzheimer's disease or dementia-related diagnosis
- Secured unit provides maximum safety



717.243.2031

www.ccpa.net/cnrc

1000 Claremont Road • Carlisle • PA 17013

Visitor Stations

Visitor stations are located at the Ground floor entrance, the Administration entrance and the AW entrance (off of Army Heritage Drive). These stations include a guest book where you will receive a visitors badge, a bulletin board where any current information can be posted, and hand sanitizer to be used before and after each visit . Please utilize these stations so that we may keep a safe and healthy environment for all.

1000 Claremont Road

Carlisle PA 17013

Join In !

Feel free to join in on any scheduled activity programming with your loved one. They enjoy having you along for the fun, and it can help to provide a more interesting visit.

Another way to create a fun and interesting visit is to bring along some old family or friends in photographs. This is a great way to reminisce about past life experiences and people that they have loved.

If you have an interesting or favorite item from home, this can also provide a great way to provoke memories. Examples might include beloved cookie cutters, cookbooks, self-embroidered linens, a favorite teapot, or other such memorabilia.



Changes Happen !

There can be changes in everyone's lives! It is understandable that there is a lot to think about after such a move. However, if you have made such a change in your address or your phone number, please share it with us. It's important that we know how to reach you in the event that your loved one has needs or we need to convey important information. Often we do not know that there is a change until a newsletter is returned to us with an outdated address. Thanks for Keeping us updated!



MONEY ACCESS

Our residents may access funds from the receptionist on the ground level of the Tower after 4PM, on the weekends, and on Holidays.



PETS ARE WELCOME

Pets are welcome to visit. It is important that before they do, we have a record of their shots and good health from your vet. Such an item can be faxed directly to our receptionist by your vet.

The receptionist has a visiting pet registration form to be filled out for all visiting pets.

There are also plastic bags at the receptionist should you need to clean up after your pet while inside or outside on grounds.